

Digestive Healthcare Center
511 Courtyard Drive,
Bldg.500, 2nd floor,
Hillsborough, NJ, 08844
Tel: (908)218-9222 Fax: (908) 218-9818

Ultrasound Guided Liver Biopsy **Patient Instructions**

Appointment Date: _____ Arrival Time: _____

1. Please contact the office nurse the day before your liver biopsy to discuss how you should take your medication (s) and at what time you should take them.
2. ***Please let your ordering physician know in advance if you are taking any blood thinners such as: Aspirin, Coumadin, Plavix etc. As these medications may need to be stopped prior to the liver biopsy***.
3. **DO NOT** eat or drink anything after midnight the night before your liver biopsy
4. You should expect to be here for approximately 4 hours. Procedures can vary according to individual circumstances.
5. You will need to arrange for someone 18 year s or older to transport you to and from the procedure. **Cabs or public transportation are not permitted unless you have a responsible adult accompanying you.**
6. After the liver biopsy, you should not plan to drive, work or perform any strenuous activities for 24 hours.
7. After the liver biopsy, you should not lift anything heavier than a gallon of milk for 14 days after the procedure.
8. Have the following blood work done NO MORE THAN 5 days prior to the procedure: CBC w/ PLATELETS, PT, PTT, and INR.

Please contact the office at (908)218-9222, should you have any questions.