

Digestive Healthcare Center
412 Courtyard Drive
Bldg. 400
Suite 412
Hillsborough, NJ 08844
908-218-9222

FibroScan Instructions

YOUR APPOINTMENT HAS BEEN SCHEDULED ON: _____ AM PM

**THE TEST WILL BE DONE IN
BUILDING 400**

IMPORTANT TO INFORM YOUR PHYSICIAN OF THE FOLLOWING:

1. If you have issues with raising your right arm above your head.

PREPARATION FOR THE STUDY:

1. It is important to have your FibroScan examination on an empty stomach, **DO NOT** eat or drink anything 3 hours prior to your scheduled appointment.
2. Wear comfortable clothes that will allow the technician to expose the right side of your rib cage.

What is a FibroScan?

Examination with a FibroScan is a painless and non-invasive way to measure the stiffness of your liver. FibroScan works by emitting a small pulse of energy, which may feel as a slight vibration on your skin. FibroScan calculates the speed of this energy to give your healthcare provider an immediate measure of the stiffness of your liver. This stiffness measure can be an important part of understanding your overall liver health.

What will the FibroScan examination be like?

1. You will be asked to lay on your back, with your right arm raised above your head. Your technician will apply a water-based gel to your skin and then place the probe on the right side of your ribcage.
2. Your technician will make 10 quick measurements during the FibroScan measurement. These measurements will be used to establish an overall stiffness score.