

H.Pylori Breath Test Preparation
Testing will be done in Bldg. 400 Suite 412

Date: _____

Time: _____

1. ****ALLERGY OR SENSITIVITY TO ASPARTAME CANNOT HAVE TEST****
2. **NO** food or drink or gum chewing for 1 hour prior to the appointment.
3. **NO** smoking 1 hour prior to the appointment.
4. **NO** antibiotics 2 weeks prior to the test.
5. **Hold the following medications 2 weeks prior to the test:**
 - Nexium (Esomeprazole)
 - Priolosec (Omeprazole)
 - Prevacid (Lansoprazole)
 - Protonix (Pantoprazole)
 - Dexilant (Dexlansoprazole)
 - Aciphex (Rabeprazole)
 - Voquezna (Vonoprazan)
 - Pepto Bismol
 - Maalox
 - Gaviscon
6. **Hold the following medications 24 hours prior to the test:**
 - Pepcid (Famotidine)
 - Zantac (Famotidine)
 - Tagamet (Cimetidine)
 - Axid (Nizatidine)